



HAPPENINGS

Check it out on the Town of Trinity
Facebook or Instagram

Trinity Bight Yoga Festival

May 5, 6 & 7, 2023

FRIDAY MAY 5 ~ 7 - 9 PM

DJ YOGA FLOW

LAURABETH POWER/KRYSTAL HAYDEN

SATURDAY MAY 6 ~ 0830 - 4 :00PM

YOGA BLOOM FLOW ~ DARLENE STEELE

IGNITE YOUR FLOW ~ KELLY BURSEY

COFFEE BREAK ~ 1030 ~1100

INTUITIVE FLOW ~ DOMINIQUE CHAMPAGNE

LUNCH ~ 1200 - 2:00 PM

RELAXATION YOGA SELF CARE ~ RITA LESTER

CLOSING CIRCLE ~ LED BY DOMINIQUE

FLOWER MOON FIRE CIRCLE 8PM

SALMAN'S RESIDENCE

MAY 7 ~ 9:30

HIKE ~ SOUTH SIDE TRINITY

EMT: \$229.00

**INFO@HIKEDISCOVERY.COM
TO RESERVE YOUR SPACE**

